Illnesses all student body

Experts warn that youth are vulnerable to unknown health risks

Lissette Mora Grafe
Assistant Professor

It’s a month greater than five times the number of students at Truman. It’s a month greater than twice the population of Kirksville, the fifth-largest town in Missouri. It’s a number that many college students don’t think twice about as they go about their daily lives. It’s also a number that many college students don’t think twice about when it comes to their health. And it’s a number that many college students don’t think twice about when it comes to their own health.

When you’re a young adult, you think you are going to live forever. Cheyne said. “You don’t think about what you’re doing and their effects later in life.”

He said that college students are notorious for starting habits that will harm their health later in life. “The top three causes of death in the adolescent age group are accident, suicide, and homicide,” Cheyne said. “Of the three, accident is the leading cause of death, and it is a leading cause of death for young people, according to the American Association for Suicide Prevention.”

However, many students fail to realize the long-term effects of many parts of college life, Cheyne said. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that although many things threaten the lives of college students in an immediate way, the decisions a student makes during adolescence can have severe health consequences later in life. “The decisions you make during adolescence can have a major impact on your health later in life.”

Cheyne said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”

Cheyne also said that and that, compared to their non-student peers, college students tend to be happier. “It’s like reverse peer pressure,” said Krylowicz. “If you surround yourself with people who make you happy, you will be a happier person.”

While the increase in college students’ lives, it is not the only aspect of health care that college-age people should consider. A study published in the journal of Family Medicine in 2003 found that the psychological issues that they may be facing today could become a bigger problem later in life. “Many students are not aware that the psychological issues that they may be facing today could become a bigger problem later in life.”