

# Experts talk about sex, drugs



Adam Kabins/Index

Phil Jorn of University Counseling Services leads group stretches during his presentation on stress management in the Student Union Building on Monday evening. The presentation was a part of new member orientation for social sorority members. Educational programs range from managing stress to drinking to sex. Any group of students is able to access this resource and can call counseling services or the Student Health Center to schedule a presentation.

## The Student Health Center and University Counseling Services offer up advice

Alicia Collins  
Staff Reporter

Students might think they know everything about sex, but senior Twink Pham and the Student Health Center have a position or two they would like to present.

Pham, a student adviser in Blanton Hall, created a program called "Ten Sexual Positions," which provides information about sex and everything that goes with it, she said. The health center and counseling services sponsored the program.

"I had been working on this program for about a year, and I was just looking for a creative way to provide information," she said. "The 10 sexual positions are not actual physical positions. They are different positions, or views, about sex."

Members of both sexes were informed of different issues concerning sex from several points of view. Pham said the University Counseling Ser-

VICES, the health center, the Department of Public Safety, the Dean of Student Affairs, the Student Public Health Association and Planned Parenthood were used to convey her message.

"We are strongly encouraged to use the resources here on campus, and for the most part I did, and they were great." She said.

Pham said the presented views included risk assessment, abstinence, homosexual and lesbian relationships, the escort service provided by the Department of Public Safety and alternative options provided by Planned Parenthood.

"The students were more apt to learn because they chose to be there, and they were in command of their education," she said.

Adding to the atmosphere of the program was sophomore J.C. Scholfield, who played the part of "Condom Man."

"He was hilarious," she said. "... He actually fabricated his own shorts out of garbage bags and had a belt made of condoms and everything, ..." she said.

Pham said some of the contraceptives discussed included birth control medication and both male and female condoms, for which the proper use was

demonstrated on replicas of human genitalia provided by the health center.

"This presentation may have included information that they had already heard before, but these are things that you can never hear too many times," she said. "The students even learned how to put a condom on correctly, which a lot of girls, and even some guys, are not sure of."

The health center and the counseling services employ a wide variety of educational programs for organizations, classes or students who want to learn more about a specific subject.

Brenda Higgins, director of the health center, said most of the center's programs are developed around specific requests.

"Our most popular programs are generally related to sex or topics that are specifically current," she said. "... If it is flu season, students may be more interested in a program about influenza."

Joe Hamilton, assistant director of counseling services, said the programs it offers cover a wide variety of topics, including time management, alcohol and drug use, sex and relationships and overall physical and mental well-being. However, there are many other options.

"Anyone can call us with a program idea, and we will certainly work with them to develop one to suit their needs," he said.

Many programs are used each year, and Hamilton said that last year, 6,324 individuals attended the estimated 170 programs presented through counseling services.

"We have received a pretty positive response for the programs," he said. "When someone likes it, they use it again, and in turn, others hear about them, and people keep requesting them."

Other programs also are available, such as National Depression Screening Day on Oct. 5. Students can set up a professional consultation and participate in a screening to determine whether they are suffering from depression. All information is confidential.

Hamilton said more programs will be offered next semester, including a National Eating Disorders Screening Program and National Alcohol Screening Day. Online screenings for these topics and more also are available year-round online.

To schedule a presentation, students can call the health center at 785-4182 or

## Programs Offered

- Enhancing and Maintaining Your Physical Wellness – Just Do It
- I Only Drink on Weekends
- Keeping the Blues at Bay
- Liberal Arts and Life
- Loveline Live!
- Pillow Talk - How to Talk to Your Partner about Sex
- Reproductive Wellness – You're Old Enough to Know
- Safe Zone
- Self-Actualization
- Self-Care – I Can Do It Myself
- Self-Esteem
- Stress Management
- Personality Type and Leadership
- Alcohol Outreach Group

Source: Student Health Center and University Counseling Services

counseling services at 785-4014. Programs must be scheduled at least two weeks in advance to avoid conflicts.

For additional information about the screenings, students can visit counseling service's Web site at <http://ucs.truman.edu>.

# Traveling ministers help congregations

## Couple comes out of retirement to aid in service for Kirksville

Rebecca Easterwood  
for the Index

Dan and Gaylene Green now call Kirksville their mission.

The couple, who recently moved to Kirksville from Kansas City to become ministers for the Kirksville Church of Christ, said they plan to help out with ministries both on and off campus. They've been working with congregations since 1973, but their new ministry marks their return to service. They were retired for about a year.

"It's our first love," Gaylene Green said.

Cory Salter, deacon of the church, said Barry Poyner, professor of communication and elder at Kirksville Church of Christ, suggested to the Greens

that they come to Kirksville to help out with various ministries. He said Poyner did not expect the Greens to say yes. First, the two elders and two deacons with their wives talked with the Greens in February and exchanged goals, Salter said.

Salter said the Greens were very welcoming.

"I don't know of anybody that they would just turn away," Salter said.

Dan Green said they hired him to help with Kirksville campuses along with congregations in the area.

"There are about half a dozen or so small congregations within about an hour of here – give or take," he said. "So another part was to work with some of those congregations."

Dan Green said they will do whatever is needed at each congregation to which they go.

"Sometimes we've done parenting classes or do a marriage enrichment getaway," he said.

"Sometimes we've done problem solving and planning for congregations."

Dan Green said their main focus is Ekklesia, the University's Church of Christ group.

"[The church] had several areas they were just looking at, but one was [Ekklesia], and that really was the top priority, to just have an outreach and see what we can do to reach kids for Christ," Dan Green said.

Dan Green said they have many plans for Truman, A.T. Still University of Health Sciences and Moberly Area Community College campuses.

"We want to try to be of help, if at all possible, to all three of the campuses," he said.

For Truman, the Greens said they will have a scrapbook night

coming up. They said earlier in the semester they put coupons for homemade cookies on most of the bulletin boards for students to take and bring to their house, but they said not many people showed up.

The couple said they also have a barbecue every Sunday at 7:30 p.m., which is open to anyone with an appetite. Other weekly events include Bible studies, Dan

Green said. Gaylene Green said she is willing to help anyone who needs help with math.

The couple said they are working with Ekklesia to make a float for Homecoming this year.

Graduate student Greg Hudson, Dobson Hall director and

student leader for Ekklesia, said the Greens open the campus house for the events.

"I think, most importantly, they are hospitable," Hudson said. "They always open up their house, open up the campus house, for events, for activities, for games, for any type of fun activity like that."

Hudson said he thinks the Greens will work hard to benefit the community.

"They're really going to work to outreach to the Truman community," Hudson said.

For A.T. Still, Dan Green said they will offer baby-sitting at the church on selected nights so parents can have a date night. The Greens said they also will have a booth at the school's Creating a Spiritual Life in Kirksville Fair and will offer parenting and marriage classes.

The Greens said they both attended University of Missouri-Kansas City and both received bachelor's degrees

in elementary education. Dan Green said he later went on to receive a master's degree. Gaylene Green earned a certificate for teaching math for any grade. Dan Green taught school for 23 years, and Gaylene Green taught for 24 years. He said the couple has been married for 38 years and has two children and four grandsons.

Hudson said the Greens have made a difference to Ekklesia.

"Now that we have one campus house, and now that we have campus ministers to live in that house, we can have a central location," Hudson said. "And that can serve as kind of a jumping-off point for everything that we do."

Dan Green will speak at Kirksville Church of Christ on Truman Family Day, according to the group's quarterly magazine, "Heart to Heart." It said that after the service, free pizza and bowling will be available at Leisure World.

"[The Greens are] really going to work to outreach to the Truman community."

Greg Hudson  
Graduate Student

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