Athlete of the Week

Kate Aherne

Sport: Swimming
Year: Sophomore
Position: Freestyle
Cohort: 2006

Kate Aherne makes National A Cuts

By BRITTAN TURNER

Staff Reporter

Sophomore Kate Aherne got a full ride on the swimming team at Truman State University. According to Coach Don Sylvester, Aherne is one of the 200-yard backstroke swimmers in the nation and has a national A cut in the 100-yard freestyle.

Aherne earned a national A cut in the 200-yard backstroke with a time of 2:05.05. It was the first time Aherne has swum the race since her days at the high school. "It was better this year," Aherne said. "I think I did a lot of work in the off-season."

Sylvester said that Aherne has been swimming consistently in the past few events, well.

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Gole said all of the freestyle events swimmers for nationals. "We don't have a ton of people, but we have some very, very solid, including numerous lifetime bests in the 200-yard freestyle, second in the 200-yard backstroke, fifth in the 200-yard individual medley and sixth in the 200-yard breaststroke. She has the most A cuts of any swimmer with three each. The most memorable accomplishment of the freshman was swimming a second and a half faster than her previous time in the 200-yard freestyle.

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