Wrestling dominates season-opening dual

BY ABRON HUSTEAD

despite not being able to compete inside the familiar confines of Park Arena on Friday night, the Truman wrestling team opened the season with a dominant performance over Central College (Iowa).

The team opened the season in the Kirkwood High School gymnasium under the watchful eye of Ark Tensor Arena because of the women’s volleyball MIAA semi-

finals taking place Friday evening.

The matches that took place Friday night, the only matches that took place at the Kirkwood High School, featured matches at the 184-pound and 197-pound weight classes. Truman defeated Central College in both the 184-pound and 197-pound weight classes, with sophomore Alphonse Bader in the 184-pound weight class and sophomore Andy Bader in the 197-pound weight class.

Sophomore Alphonse Bader won the 184-pound weight class by fall in the second period. He picked up the six points in the third period of the 144-pound contest. Returning qualifier Bryan Isbell (165 pounds) and Bryan Isbell (184 pounds) won matches at 157 pounds, senior Robert Nahlik at 157 pounds and junior Tim Wykoff at 197 pounds.

The team opened their season with strong performances from sophomores Alphonse Bader and Bryan Isbell and junior Andy Bader. Junior head coach Dave Schutter scored a technical fall in the second period over Central College’s Nick Johnson at 141 pounds, while Alphonse Bader (184 pounds) and Bryan Isbell (184 pounds) won matches at 197 pounds.

Sophomore Alphonse Bader goes up against the Central College (Iowa) wrestler in the teams’ season-opening dual meet. Bader won by fall in just two minutes and 48 seconds and

“Whatever doesn’t kill you can only make you stronger,” Dave Schutter said in an interview.

At the end of the season, the team will next compete Nov. 17 at the Fox College in Cedar Rapids, Iowa.

Team alters practice strategy to improve record

BY BEN VARDELL

For the Truman wrestling team, change is necessary. With just two minutes and 50 seconds left in the 50-50 last season, it was clear that some change was needed in order to make the team a competitor.

One of the advantages head coach Dave Schutter has over a majority of his colleagues is that, in addition to daily practices in the after-

“The main thing is to have two to three practices a week,” said Alphonse Bader.

As a result of their recent success, the team has added another one-on-one practice. With a major focus on the first period, in ad-

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“Another way Newterman looks at the matches is to be flexible. In the sense that the team’s performance will depend on which is the strongest match out of the six practices. In the past, teams would wrestle each other for two to three minutes, which is a strange average length of a match if you compare it to the NCAA’s 60 seconds.

“At least two days a week, Schutter will pit the ‘Dogs against another team. If you have another team, you can figure out what you can improve from it. We’ve been doing it for the past two weeks, and you can definitely see some improvement,” said Newterman.

Dave Schutter

Alphonse Bader is the leading scorer for the Truman wrestling team. Bader scored the 184-pound match in just two minutes and 48 seconds, giving the team an early lead. Bader’s win was important for the team as it set the tone for the rest of the dual meet.

Sophomore Andy Bader defeated Central College’s Nick Johnson at 141 pounds, winning by fall in the second period. Bader’s win was crucial for the team as it secured the team’s lead in the dual meet.

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