

# School meets work-study standards

## Government revokes work study funds from 10 Missouri universities

BY CAITLIN DEAN  
Staff Reporter

Truman students participating in the Federal Work-Study Program can relax — government funding to Truman shouldn't be cut anytime soon. But students at other schools might not be so lucky.

Schools participating in the FWS Program must meet two specific requirements among others: Seven percent of the money given to the school must go to students working in community service jobs, and at least one student at the school must work in a literacy program of some kind.

The FWS Program enables students to earn money to help pay education expenses by working part time, according to the Federal Student Aid Web site. The program is campus-based and managed directly by each participating school's financial aid office.

A letter from the Department of Education that appeared on the National Association of Financial Aid Administrators Web site in May 2007 suggested that some schools have struggled to meet these requirements.

The Inside Higher Ed Web site provides a list of 300 schools that failed to satisfy the regulations, including 10 Missouri schools. These schools risk having to return funds that should have gone to students involved in community service to the government.

Chris Green, media contact at the Department of Education,

did not return phone calls before press time.

Sue Neely, interim director of financial aid, said Truman has managed to meet these requirements while still giving students liberty in their work options.

"We encourage students to do community service, but we leave it up to the students most of the time to pick where they want to work because that works out best," Neely said.

Thirteen percent of Truman's work study funds for the 2006 school year were allocated to students working in community service, Neely said. Of the 400 students involved in the FWS Program at Truman last year, 66 worked in community service, she said.

The Department of Education has specific guidelines about what constitutes community service.

"[To be community service,] it has to be something that the whole community benefits from," Neely said. "It can't be where the community can't use the service at Truman. If it's something that's just for the students, and the community doesn't have access to it, that would not work."

The main reason this new enforcement of requirements does not create problems for Truman is students' willingness to do their part, she said.

"We've been fortunate," Neely said. "I think this campus has a lot of students that volunteer. We haven't had to

search for students to meet that [requirement]."

Students involved in the FWS Program, even those performing community service, often are not aware of the requirements and log their service hours because

"We encourage students to do community service, but we leave it up to the students most of the time to pick where they want to work because that works out best."

Sue Neely  
Interim Director of  
Financial Aid



Jackson Groves/Index

Brooke Ratterree works a community service job at the Women's Resource Center. Seven percent of federal work-study funds given to schools must go to students working community service jobs.

of personal interest.

Freshman Aries Quintero works about nine hours per week at the Red Cross for her work-study job.

"I specifically went out looking for the Red Cross because I'm interested in the medical field," Quintero said. "They're one of those gatekeepers of the community, and they help you branch out ... so I make connections

with the community itself."

Quintero said she likes being able to choose her own place of employment in the community.

"I like the freedom of choosing what's better for me," she said. "If they had told me I had to work in a certain place, it might be inconvenient for me. I have more convenience in choosing something that's close to me or a job that I want to do."

# Truman deemed heart-healthy workplace

## University is one of three Missouri institutions recognized

BY CHRIS BONING  
Assistant News Editor

Live long and prosper, Truman employees.

The American Heart Association recognized the University as a 2007 Gold Level Start! Fit-Friendly Company in April for promoting a healthy workplace.

Karen Skoch, fitness and wellness director at the Student Recreation Center, said the AHA recognizes gold- and platinum-level companies and that the difference between the two is how many health services are offered on site.

"We were just short in one little area that I'm working to achieve this year so hopefully next year we can receive the platinum level," she said.

Skoch said the AHA recognizes companies based on a set of criteria such as providing employees a place in which to exercise and the number of health and fitness programs offered. The University met those standards because of employees' free membership to the rec center and the programs offered there, she added.

Skoch said the AHA offers companies aid in starting walking programs and hosting Wear Red

days for heart disease awareness in addition to access to online tools for assessing health risks. She said she was excited the AHA recognized the University as a fit-friendly company.

"As a fitness/wellness director, I'm really trying to help create a wellness and fitness culture among faculty and staff on campus as well as with the students," Skoch said. "I think having a faculty and staff that are very active and value fitness and health and wellness ... they kind of become good mentors as well as leaders for the students."

Jennifer Hively, AHA northeast regional director, said the recognition program is nationwide and includes two rounds each year. She said the AHA accepts applications from companies in January and July and that those who win retain their recognition status for a year.

Hively said Truman was one of only three institutions in Missouri to receive the fit-friendly distinction for the first round of awards in 2007. The other two were A.T. Still University and United HealthCare of the Midwest, Inc. of Maryland Heights, Mo., she said. Hively also said Truman and A.T. Still were the only universities recognized in the AHA's Midwest region.

Hively said companies recognized by the AHA also are recognized by national media outlets,

permitted to use their award status when recruiting new employees and granted logo rights.

Hively said the AHA began the Start! Fit-Friendly Companies Recognition Program last January to recognize institutions that encourage their employees to lead a healthy lifestyle.

The AHA has no other program that recognizes healthy places of work, she said.

Hively said the recognition program is important in relation to the AHA's other three major cause initiatives, which are rising obesity rates, women's health and African-Americans at risk for stroke.

"All four of those causes that we work with tie together to create a healthy lifestyle for employers, for their families, for their wives, for the women in their lives, for their friends and family that may be African-American," she said. "It all fits together."

Transcript clerk Brenda Embree said she thinks the University is a healthy place to work and that the school's emphasis on

employee health is important.

"I think the fact that they have these facilities and that they allow staff and faculty to use them free of charge means a lot," she said.

Embree said she has been taking advantage of the staff exercise program implemented last spring (see [trumanindex.com](http://trumanindex.com) for more information) since the first week of classes this semester.

Embree said she works out at the rec center at least four days a week, which includes taking two exercise classes. She usually sees many other staff and faculty members working out as well, she added.

Embree said she likes going to the rec center during working hours because she likes to stay in shape and because it breaks her up her day and makes her feel better.

Embree said she likes the staff program because it makes her stay on a schedule.

"I really appreciate that the University went ahead and set that up for people to be able to do if they wanted to," she said.

"As a fitness [and] wellness director, I'm really trying to help create a wellness and fitness culture among faculty and staff on campus as well as with the students."

Karen Skoch  
Fitness and Wellness  
Director at the Student  
Recreation Center

## NEWS | In Brief

### Blunt creates poet laureate position

Gov. Matt Blunt announced the newly created position of Missouri Poet Laureate on Friday, according to a press release from the same day. Blunt said in the release that he created the post to honor the state's rich artistic heritage.

The Missouri Poet Laureate will be responsible for promoting the arts in the state by making appearances at public libraries and schools.

The poet must also write an original poem in honor of Missouri and perform it at an event commemorating the new position, according to the release.

Nominations for the position will be accepted through Dec. 1, and Blunt will announce the honoree later that month.

Missourians who are interested in the position or would like to nominate someone should visit the governor's office Web site at [www.gov.missouri.gov](http://www.gov.missouri.gov).

### Kirkville man sentenced to prison

Kirkville resident Jerry Mahurin was sentenced to 10 years in prison Monday after pleading guilty to the possession of methamphetamine, according to a press release issued by the Adair County prosecutor's office Wednesday.

Mahurin has been denied probation and will begin serving his sentence immediately.

Deputies from the Adair County Sheriff's Department and troopers with the Missouri State Highway Patrol found an active meth lab while carrying out a search warrant at a residence on Motter Hill Road. At the residence officers found Mahurin with a meth-filled syringe.

Local residents Robert Pettibone and James Butler also were charged and later plead guilty to manufacturing meth after it was determined that they were responsible for the lab at the residence.

Further investigation into the incident revealed that Mahurin was not involved with the lab, according to the press release.

### Blunt aids victims of sex crimes

Gov. Matt Blunt announced yesterday that he intends to allocate more than \$4 million from next year's budget for protecting victims of sexual assault and domestic violence, according to a press release issued Wednesday.

Blunt plans to make a portion of the funds available to cover the costs associated with rape or sexual assault, also according to the release.

The governor also recently signed legislation that supplements existing laws protecting women and children harmed by others and which includes provisions that allow the state to pay for rape kits, gather and archive assailants' DNA and care for victims' health, also according to the release.

### Resident involved in DWI, hit and run

Local resident Stephen Rouse was arrested Saturday night by the Kirkville Police Department on a DWI charge after being involved in two motor vehicle accidents.

Rouse first hit local resident Daniel Schulte near the intersection of Baltimore and Patterson streets and then hit the wires to a telephone pole down the road, Sgt. Steve Farnsworth said. He said Schulte was not injured.

Rouse was arrested after the second accident, Farnsworth said. He added that Rouse sustained injuries from striking the wires and subsequently was taken to the hospital.

## Student Senate | In Brief

- Senate discussed forming a resolution that would support the majority of students' viewpoints that the registration policy for all students remains the same as it is currently.
- Senate listened to comments from students who opposed allowing athletes to register for classes early.
- Senator junior Chris Miller presented a resolution for a trial Safe Rides program. The resolution was amended by the Senate.
- Senate discussed the budget for fiscal year 2008.

## DPS | Reports

- 10/13 Sophomore Robert Jones was issued a Missouri Uniform Complaint and Summons for minor in possession of intoxicants.
- 10/12 Freshman Jennifer VanDyke was issued a Missouri Uniform Complaint and Summons for minor in possession of intoxicants.
- 10/11 Report of property damage in the parking lot outside Ryle Hall
- 10/7 Sophomore Erin Limestall was issued a Missouri Uniform Complaint and Summons for minor in possession of intoxicants.
- 10/6 Freshmen Angela Geringer, Kelly Kaufmann and Ashley Brooks were each issued a Missouri Uniform Complaint and Summons for minor in possession of intoxicants.

# Sports Rehab

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