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Thursday, February 26, 2009
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Sore Throat

It’s that time of year again. The common cold comes and goes and home remedies are a must. However, when does a cold turn into something more serious and potentially life threatening?

Sore throat

Sore throats are a common occurrence. They can be caused by anything from a simple cold to strep throat. The throat becomes inflamed and it hurts. This causes a person to lose their voice and make it hard to swallow.

Treating the Cold

When you have a sore throat from a cold, there are certain things you can do to relieve the pain. The first thing you should do is gargle with salt water. This will help to soothe the throat and reduce the inflammation. You can also try drinking warm liquids such as tea or soup.

Treating Strep Throat

If you have a sore throat caused by strep bacteria, you will need to see a doctor. Strep throat is caused by a bacterium called Streptococcus pyogenes. This bacteria is found in the throat and can cause a painful and uncomfortable infection.

Strep throat is typically treated with antibiotics. The antibiotics will kill the bacteria and help to reduce the inflammation. It is important to complete the full course of antibiotics even if you feel better. Stopping the antibiotics too soon can allow the bacteria to become resistant to the medication.

Strep throat is contagious. If you have strep throat, you should not go to work or school until you have been treated with antibiotics for at least 24 hours. This will help to prevent the spread of the bacteria.

Preparing for the Worst

If you have a sore throat that does not improve, you should call your doctor. They may recommend that you see a specialist or that you are admitted to the hospital. It is important to call your doctor as soon as possible if you have any of the following symptoms:

- High fever
- Difficulty swallowing
- Swollen lymph nodes
- Painful swallowing
- Pus in the throat

If you are not sure if you have strep throat, your doctor can perform a test to determine if the bacteria is present.

In the event of strep throat, it is important to follow all of the directions given by your doctor. This may include taking antibiotics, drinking plenty of fluids, and resting.

Final Thoughts

Sore throats are a common occurrence. They can be caused by a cold, strep throat, or other infections. It is important to distinguish between these conditions to treat them properly.

If you are unsure if you have strep throat, it is important to see a doctor. They can perform a test to determine if the bacteria is present and prescribe the appropriate treatment.

Strep throat is contagious and can be prevented by washing your hands regularly and avoiding close contact with others who have strep throat.

Conclusion

Sore throats are a common occurrence. They can be caused by a cold, strep throat, or other infections. It is important to distinguish between these conditions to treat them properly.

If you are unsure if you have strep throat, it is important to see a doctor. They can perform a test to determine if the bacteria is present and prescribe the appropriate treatment.

Strep throat is contagious and can be prevented by washing your hands regularly and avoiding close contact with others who have strep throat.

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Sore throat can have many causes during cold weather. It is a natural response to a cold and often comes with a runny nose, cough, or sneezing. During cold weather, the air is dryer and can cause irritation in the throat.

Sore throats are often caused by a virus. This can be caused by a cold or the flu. The virus can cause inflammation in the throat and make it painful to swallow.

Sore throats can also be caused by bacterial infections. This can be caused by strep throat or other bacteria. These infections can cause a red or white sore throat.

Strep throat is treated with antibiotics. This will help to kill the bacteria and reduce the inflammation. It is important to complete the full course of antibiotics even if you feel better.

In the event of strep throat, it is important to follow all of the directions given by your doctor. This may include taking antibiotics, drinking plenty of fluids, and resting.

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