Cooking with Julia: Corn Chowder with bread

Ingredients:
- 2 cups whole kernel corn
- 1 1/2 cups soup vegetables (1/2 a pepper)
- 3/4 cup green pepper
- 1/2 cup onion
- 2 tablespoons canola oil
- 1 teaspoon cumin
- 1/2 teaspoon salt
- 1/4 teaspoon black pepper
- 1/4 teaspoon nutmeg
- 1/4 teaspoon garlic powder
- Dash of cayenne pepper (optional)
- 4 slices bread, toasted and toasted (optional)

Calabria bread
- 1 egg

Directions:
1. For 20-something years, we college students have had a...