

Men defeat Hannibal 89-74

Basketball team now 3-4 after picking up early conference win Saturday

BY LOGAN JACKSON
Staff Reporter

The men's basketball team had five players in double-figures and rolled to a 89-74 win last night against Hannibal-LaGrange College.

The 'Dogs (3-4) finally pulled away from the Trojans late in the second half, but Truman controlled the game throughout.

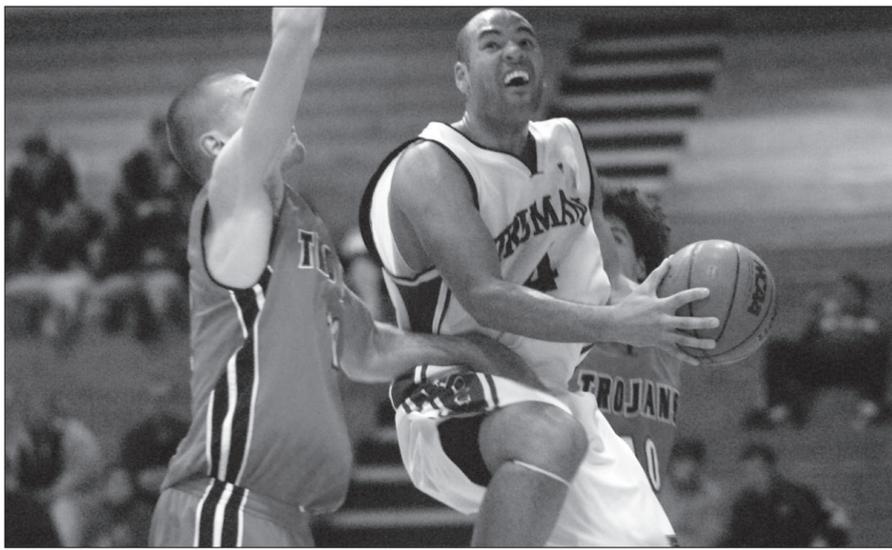
Junior guard Alex Henderson lead the way for the Bulldogs. He scored 18 points and added five assists. Freshman guard Tom Norton scored 15 points. The guard combo combined for seven threes on 58 percent shooting. Junior guard Stefan Garrison also got into double-figures with 12 points. Head coach Jack Schrader said the team did a good job scoring within the offense.

"We're going to shoot it," Schrader said. "We have five or six guys that can shoot it. They have the green light, and that also really opens up things inside."

Junior forward Ethan Freeman drove to the basket at will and had 14 points and nine rebounds.

A foul-plagued first half slowed sophomore center Vesko Filchev, but junior forward Andrew James came up big for the Bulldogs. Filchev finished with eight points but sat most of the first half because of foul trouble. In his absence, James poured in a career-high 14 points and grabbed six rebounds.

After a slow start to the second half, Schrader pulled the entire starting unit and went to a zone defense, after playing man-to-man



Brian O'Shaughnessy/Index
Junior forward Ethan Freeman had 14 points and nine rebounds in the Bulldog's win at home last night.

the entire first half. Schrader said the second unit did a good job of giving the Bulldogs some much needed energy.

"I though we were playing tight, sort of afraid," Schrader said. "With about 15 minutes left [in the second half], I put my energy guys in there and those guys have no fear. [James] was part of that group."

The Bulldogs held a slim two-point halftime lead, after being up by as much as 12. Truman only committed two turnovers in the half, but shot less than 38 percent from the field. They were also just 8-for-15 from the free-throw line. The Trojans stayed close by taking advantage of good shooting from the field and the line. Hannibal-LaGrange shot nearly 46 percent from the field and 90 percent from

the line. Schrader said the Trojans did a good job taking advantage of some Bulldog miscues.

"We missed shots, and that's always a key," Schrader said. "Sometimes when you miss, you get a little anxious and then you don't shoot with rhythm. We got a little bit out of whack and they made some baskets. They're a pretty solid team."

The Bulldogs played their second MIAA game of the season Saturday against Pittsburg State University. Truman used a dominant second half to win 77-63.

Similar to the Missouri Southern State University game Dec. 2, the Bulldogs found themselves down by four points at halftime. However, the Bulldogs came out on fire in the second half, shooting 50 percent from the field and 75

percent from the line. The Gorillas shot less than 32 percent from the field in the second half and couldn't get anything going at the free throw line, where they were 7-for-13.

"I was pretty happy with the way we played at Missouri Southern," Schrader said. "Against Pittsburg State, we really did not let them score. Our defense made them take tough shots and made them take shots that were over somebody. We then got the rebound. If you get that first rebound, it really frustrates the other team."

Pittsburg State had an 11-point lead with less than six minutes left in the first half, but the Bulldogs used an 11-4 run to close out the half and cut the Gorilla's lead to four. Truman was 7-for-8 from the

free-throw line during the run, a much better percentage than the 2-for-6 it shot from the line before the run. Norton said the Bulldogs used the energy to push themselves in the second half.

"We had the momentum in our favor," Norton said. "We hit a three to end the half that was called off for an illegal screen. Then coach got a technical and that really fired the team up. We wanted to come out and play hard in the second half."

Truman finished the night 24-for-34 from the line. Before the Pittsburg game, the 'Dogs were shooting less than 64 percent from the line.

"Against Missouri Southern, we missed the front ends of one-and-ones, so we missed seven point opportunities," Schrader said. "That can keep you in the game, or it can stretch the game out. It's a momentum builder. We got to the free line a lot against Pittsburg State. We did a good job of attacking the basket."

The Bulldogs found themselves behind by seven in the second half before they started their comeback. Henderson, who only scored two points in the first half, hit back-to-back three-pointers to put the Bulldogs ahead for good.

Henderson led the way for the Bulldogs with 16 points and four rebounds. Garrison and Norton added 15 points and 13 points, respectively.

Filchev had a rough day shooting and was 3-for-10 from the field but chipped in nine points. He also led the team with nine rebounds and five assists. Schrader said Filchev is a willing passer, but he still has some things to work on.

"His vision is much better than his passing technique," Schrader said. "We're trying to get his passing technique up there. He sees [the floor] well, but he doesn't have great passing fundamentals. He's still learning. He only has a few games with 20 or more minutes."

Atwood, Van Delft mark top returners

Schrum also in front pack after fourth MIAA in the spring

BY JACK NICHOLL
Sports Editor

A quick glance at the Truman men's results at the national outdoor track meet last spring reveals just two competitors and zero team points.

But with 10 freshman on the squad this year and head coach John Cochrane noting sickness throughout the team, it's a boost to have junior throwers Derek Atwood and Alex Van Delft back for a third season. The indoor season starts Friday at the Cyclone Holiday Classic in Ames, Iowa.

Atwood and Van Delft finished 13th and 16th, respectively, at the national meet in the shot put. It was a first-time appearance for both.

Assistant coach Leslie Hardesty said both throwers still have technique issues to work on entering this season after transitioning from gliders in high school to rotational spinners at Truman.

"Now we're working on breaking it down out of the power position," Hardesty said. "It's all about timing now for both of them."

"I'm looking forward to

seeing what they do. Obviously, I know the talent is there — it's just putting it all together at the right time of the season."

Atwood said the transition from the glide technique took him about two years.

Hardesty said both throwers are working on using their legs more, so that it's not just an upper body throw. Also, both have had a hesitation in their technique in the past, and this year they are working on throwing in one continuous motion.

"Derek's hesitation is not using his legs when he's supposed [to] and Alex's hesitation was when to release — his arm strike," Hardesty said. "So they both have different areas that we're working on, but that's what we're focusing on this year. I don't need to worry so much about technique on how to be a spinner, but now we can really focus on the complete package."

A challenge for Van Delft is that he is now in the master's program and student-teaches five days per week in Macon. Hardesty said he will practice with the team only half the time because of conflict. The rest of the time he will train on his own.

Atwood and Van Delft have trained together every day in the past, but Cochrane said he doesn't think the new training program will affect them because of the technical strengths.

"[Atwood] has an awful lot of explosive power and that's really what you need to be a good thrower," Cochrane said. "Just because you're big doesn't make you a good thrower."

But possibly the hardest challenge for the duo is in the MIAA competition. Eight shot putters from the conference advanced to outdoor nationals last year and only one graduated. Atwood placed fifth at the conference meet and Van Delft sixth.

Although both Atwood and Van Delft compete in the shotput and discus, they will focus on the shotput in the winter.

"I think their talent is definitely shotput first," Hardesty said. "I would say discus would

3 keys to success

Three key runners return to men's track and field

MIAA marks

	Indoor	Outdoor	
	Shot Put	Shot Put	Discus
Derek Atwood	4th*	5th*	21st
Alex Van Delft	7th	6th*	14th
	800-meter	800-meter	
Jacob Schrum	10th	4th	

*NCAA provisional mark

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be the second event. I know their goals are pretty high this year, so [they] definitely want to focus on the shot."

Cochrane said senior Jacob Schrum is another leading returner for the team. Schrum placed fourth at the outdoor conference in the 800-meter dash — one of just four top-five finishes for the men at the meet. It was an

improvement of 10 places and almost five seconds from the same meet in 2008.

This year, Schrum is one of just three middle distance runners on the team, along with freshmen Cameron Cox and Michael Gambach.

Cochrane said Schrum still needs to become more consistent throughout his races, something he started

to do at the end of last year after Schrum studied abroad in Australia first semester.

"He got better at running consistently through the whole race. He had a tendency to go asleep for a 200 somewhere in the 800," Cochrane said. "He's at the point now that if he can continue building on racing consistently in the races, he's going to be there with the people."

MAE Admissions Update

Congratulations to the students who were accepted for admission into the Master of Arts in Education program in 2009.

Art: Vanita Weber. **Elementary Education:** Stephanie Ahrens-Mills, Sara Amick, Elise Baanders, Alexis Baisden, Lauren Boatright, Jennifer Bond, Jennifer Bradley, Brittany Brands, Ashley Broyles, Elise Bush, Jessica Campbell, Matthew Carlson, Casey Chapman, Jennifer Cooke, Caylea Coward, Ashley Crosby, Clare Cummings, Melissa Dryer, Brian Freise, Molly Gerber, Kelly Gillen, Brenna Hale, Katherine Hamburg, Lauren Jacoby, Katherine Johnson, Rachel Kallal, Erica LaCombe, Katharine Lambdin, Jeremy Mapp, Kathryn Mooney, Lindsey Pearson, Amanda Perez, Andrew Reinert, Mary Rudder, Courtney Ryan, Amy Schnurbusch, Rebekah Shea, Shannon Tanner, Melissa Williams, Emily Winkle. **English:** Rachel Barklage, Amanda Happy, Felicia Hinds, Alexa Hines, Rachel Martin, Alaina Meuth, Elizabeth Palazzolo, Carol Pedersen, Jennifer Piel, Rebecca Pund, Jenifer Roesemeier, Renee Stites, Breanne Thompson, Jeremy Tripp. **Exercise Science:** Rachael Schmidt, Andrew Swedenhjelm. **History:** Michael Bova Conti, John Chenault, Michael Jacob Cushing, Abby Daniels, Steven D'Antonio, Andrea Eagle, Wistar Holt, Sarah Jenkins, Dustin Kerman, Tony Kroeger, Audrey Lampe, Iain McKee, Randi Overfield, Tristin Wood. **Math:** Heather Beal, Amy McNabb, Megan McWhorter. **Music:** Elizabeth Bouchard, Erin Clevenger, Katherine Ellis, Jonathan Gill, Jeremy Hopkins, Julie Jackson, Heather Johnson, Alan Poehlman, Holly Ray, Colleen Riordan, Timothy Schmeisser, Jared Shulse, Kristyna Speraneo. **Science:** Brittany Beck, Kent Buxton, John King, Lisa Langenfeld, Jessica Michael, Jeanne Mitchell, Lindsey Mueller, Mark Philippi. **Spanish:** Katelyn Boschert. **Special Education:** Mary Cook, Elizabeth Duff, Jon Guthrie, Laura Illinger, Cynthia Novinger, Kristen Trump.

Spring semester applications will be reviewed in February, March or April.

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