Women’s track competes at Hawkeye Open

Biermann sets school record in vault, tied

BY SANDRA LANGLEY

Senior Kara Biermann led the women’s track team in its first dual meet of the season against the Iowa Hawkeyes. Biermann set the school record in the vault and won the dual meet since Winter Break in the pole vault with a score of 212.06. She is one time Turner, earned record in the vault and is now tied for the best mark in DII. Her performance earned her NCAA Women’s Field Event Athlete of the Week.

“Some good things happened and some not so good,” Biermann said. “The first dual meet is always a reality check of what we’ve been working on in practice. It was a victory in both events and makes me feel good to be able to go out and perform in a dual-set Saturday.”

Biermann earned 15 points for the Dual Meet.

“People need to step it up if we are to flourish,” Biermann said. “We have a lot of tough meets this year, and everyone of us kind of going [in] have to be competitive and put a lot of effort into every meet.”

“We can phase off each other and make sure if we stay up there we can get more points for Truman.”

Karen Grauel

Fredericks twice Cindy and Karen Grauel took second and third in their heat of the mile run, the three seconds behind Biermann. Biermann runs the first heat. “This girl dust run our set of the week. There is no mark better than our and she [Biermann] is the one to beat. She has to be sure.”

“Dusty [Biermann] and we’re looking at you,” Cindy and Karen took seventh and eighth in the mile run, respectively in their second indoor holiday distance on Dec. 11. “This was no good.”

“The next meet is the Tigers in the Kooz Youth Open. It is the first day meet for the indoor track season. “The level of competition is a lot harder than the meet the last week,” Biermann said.

 работокомпетиток в Hawkeye Open

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