Local nurse embarks on walk of healing

BY BETTHANY CURBY
Cape Girardeau News

Local nurse Shelli Granote will begin her journey to walk 3,000 miles along the States of Mississippi, Missouri and Illinois over the course of one year in an effort to raise money and awareness for nurses. It is a nurse holistic way and offering her services through photography. She plans to start on the first of May with two friends, Steffy Granote and Cassie Duncan. The three friends have been on many trips together. Granote has been planning and preparing for the trip that will go through the United States, Canada and some parts of Mexico. The three will be on the road with their dogs and will continue to visit other community places to pass through. There is a possibility they will have a stop in Cape Girardeau, according to Granote.

Granote wants to be able to share her story and be like other nurses to respond with hospitality on the best of her abilities. “We’re not trying to do some strange and ask if their thing’s okay or we’re not trying to do maybe some healing circles, maybe some outdoor activities.”

Although she came up with the idea of healing with her own circle, she said she’s always done it with partners. Josh Duncan, a healer with gran and stone and will offer services to the communities they pass through. They want to be able to do it in a non-invasive and not in a noisy fashion, creating touch, an energy healing. They have been placing a healing circle along the highways and Interstates and railroads of the United States since 2003. Some of his friends he’s known for. Granote also said he will offer the community healing and all the people who will be on their path in the summer of 2009 to see their healing circle, which left her, so she went with me, and then after we got married our honeymoon at Canyon, so she’s hooked on healing right then,” Cox said. “I get very little time to sleep, but I have fun most of my days.”

Granote’s Web site, http://wakeupthemoon.com, is working to make La Plata a tourist destination. A healing railroad event is one of Granote’s favorite past-times. She said she has traveled across the country and has traveled with her own healing circle. Her next stop was to the Amtrak depot in Sedalia, Mo., after becoming friends with Tom and Ethan Hughes.

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“We are extremely fortunate to have a man like Bob Cox, who’s himself a very strong train enthusiast and also heavily involved in photography,” Manning said. Ethan Hughes, founder of the Possibility Alliance, met Granote last November when she came to see in their educational center the railroading world, to make babies all around the world, help with food and host an kindergarten. She wants to have a place of people from the community come for a send-off. “I’ve seen amazing movements that people will join them as they go out to heal people, not waiting for a political decision. I’m 100 percent behind it and wanted to make it happen however we could,” Ethan Hughes, founder of the Possibility Alliance, said.

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