



All Eyes On: Marietta Jayne

BY JENN MARKS
Staff Reporter

Among the sweaty students deep within the maze of weight machines, Marietta Jayne, a former Board of Governors member, exercises in the Student Recreation Center. While this might seem typical, there is a catch: Jayne is 90 years old.

Jayne's exercise routine is a part of an active lifestyle. She stays busy with her family, her community and the University. Jayne started working out as a favor to a friend, but continued the habit after seeing improvement in her own health. When a friend had heart surgery and was told to exercise, Jayne offered to join her for a month to keep her company.

"To my amazement, I felt 100 percent better," Jayne said.

So Jayne continued to exercise. She said she now works out between three and five days a week. Because she is a former Board member, Jayne said she was able to switch from a fitness center to the rec center.

"This facility is just unbelievably wonderful," Jayne said. "I ride the bicycle, I walk on the treadmill, and I do 10 weight-bearing machines."

Known by students and faculty for her avid exercise habits, Jayne has become a familiar face at the rec center. Campus Recreation Director Susan Limestall said not many stu-

dents know how old Jayne really is, and when students find out, they are astonished.

Limestall said older adults who work out at the rec center are role models for both faculty and students, demonstrating a healthy lifestyle has no age restrictions.

Jayne's exercise is a part of her effort to stay involved, especially within the Kirksville community, which has been her life long home. She grew up in Kirksville, where she met and married her high school sweetheart. Their son Marty Jayne, Justice Systems Department Chair at Truman, said his parents married each other in secret. Because his father was in the Navy officers program, the couple was supposed to wait until he was finished to get married. The high school sweethearts defied the Navy and went out of town to wed, Marty said.

"They invited a small group of people, one of whom talked about it at the beauty parlor the next day," Marty said. "The whole town knew — it made the paper."

With a Naval officer for a husband and three sons also active in the military, Jayne was no stranger to an active lifestyle before taking up her present-day exercise habits.

"I was appointed to our Congressman's board, as the only woman, to screen the ap-

plicants for the service academies," Jayne said.

On this board, she helped select members of West Point, Annapolis, the Air Force and the Coast Guard academics. Jayne said her experience raising three sons, two of whom went through the Air Force Academy, allowed her to understand the applicants from the perspective of a military family member.

In addition to an active lifestyle, Jayne has always had an active role in the Kirksville community. Marty said he always has held in high regard her ability to strike up a conversation with anyone. Marty said she often would serve refreshments at the Red Cross Blood Drives in town and he would run into people who had met her while they were giving blood.

"They'd tell some story about her life and you'd think 'How does that come up in a conversation when a kid is laying there giving blood and she's giving him a cookie?'" Marty said.

Jayne continues, at 90 years old, to be involved with the community and the University. In reference to her famous exercise habits at the rec center, Jayne said she thinks they are part of the reason for her excellent health.

"I recommend it for anybody your age," Jayne said. "You'll live to be 90 and be as healthy as I am."



Jessie Poole/Index

Marietta Jayne works out Monday at the Student Recreation Center. Jayne works out three to five times a week on the bicycle, weight machines and the treadmill.

Students define campus etiquette

BY BETHANY COURY
Staff Reporter

To greet or not to greet. From the head down, eyes forward approach to the simple head nod, the appropriate way to address acquaintances and friends on campus might be unclear.

Senior Jill Burke described the dynamic as "awkward" and "uncomfortable." Although some students might generally feel the same way, their decisions in these greet-or-ignore situations are shaped by different influences, such as their backgrounds or a fear of being misinterpreted, Burke said.

Burke has no problem making the first move. She is from a small town, Owosso,

Mich., where people love to connect and greet each other, she said.

When she came to Truman, she said she noticed the way in which students were distant with each other and she started to act the same way. For her, acting reserved was unnatural so she said she returned to her roots and began to greet friends and acquaintances on campus without hesitation.

"I recognize you, and I know you recognize me, but you're just going to walk past me?" Burke said. "It's really weird. It's really frustrating to me when we're Facebook friends. It's like, you can wave to me and say 'Hi,' or I'm going to defriend you."

Burke said walking past acquaintances on campus is a "grin-and-bear-it" dy-

namic — there's definitely a level of discomfort, but students should move past their reserve.

Junior Carrie Polston said she waits to see how the other person acts, to be on the safe side. If they nod, she nods back. If they pretend to not recognize her, she does the same. She said it's a risky situation.

"If they do recognize you and you just walk by, then you seem rude and that's bad, but if they don't recognize you and you greet them, then you're weird and that's bad," Polston said. "You don't know which to do."

Communication professor James Cianciola said he thinks students' interactions may be based on their backgrounds. Cianciola comes from what he said is called one of the friendliest cities — Rochester,

N.Y. — a place where people greet neighbors and strangers alike. After coming to Kirksville, Cianciola said he's noticed a "Midwestern reserve."

Cianciola said people size each other up when passing each other. For example, if someone's smiling and engaging, people feel more comfortable greeting them.

Senior Claire Albrecht said that when she sees an acquaintance, she makes eye contact to gauge if the other person is going to greet her. While this might seem like they're communicating, Cianciola said eye contact itself is communicating.

"If you make eye contact with somebody, you've already communicated with them," Cianciola said. "In a way, you've already said 'Hello.'"

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