THURSDAY, FEBRUARY 27, 2014

The same old food choices everyday can get repetitive. Sodexo does a good job at offering variety, but eating at the same place for a year can take the spice out of mealtime. So if you don’t want to rely on the countless combinations of breakfast cereal, here are six recipes that might bring some zip to your taste buds.

**Juicy Temptations**
When you see the juice machine, you see fruit extracts frozen into concentrates and then placed in your local Sodexo juice machine for your convenience. I see potential. Not only can you mix them together to create surprising and tasty combinations, but they can be combined with other foods for a tasty snack.

**The Knock Off Orange Julius**
Missing your middle school days, when the easiest way to kick back was to hang out at the mall with your crew, Orange Julius in hand? Reminisce no longer. Orange Julius 2.0 is here, available at the nearest dining hall. All you need is orange juice and frozen yogurt.

**The Granapllerian Juice**
Little kids go ballistic at a gas station fountain soda machine, creating their own “special mix” of drinks. My personal signature drink as a child was the “Quik Trip Energy Mix” complete with equal portions of Dr Pepper, Mountain Dew and Rooster Booster, much to my mother’s chagrin. These memories can be relived through the dining hall juice machine, with a healthier twist. Fill your cup with equal portions of grape, apple and orange juices, and sip contentedly.

**A healthier version of the popular bar drink, the Croarange Sunrise is the perfect way to recover from being sick, with lots of vitamin C and antioxidants. Just fill your cup one-fourth of the way with cranberry juice and fill the remaining space with orange juice, and feel the heal.

**Dying for this dessert staple, but just not finding it on the dessert tray? Worry not. All you need is a dinner roll, the strawberry syrup located by the waffle machine, and whipped cream. You’d be surprised how authentic it tastes.

**Chocolate Peanut Butter Cookies and Cream Shake**
When you grow tired of the same dessert selections, it’s best to use your imagination and come up with new ways of mixing it up.

**Fact** — peanut butter makes everything taste better. If you thought s’mores were the epitome of taste perfection, prepare to have your mind blown. All you need is a plain bagel complete with Nutella and peanut butter coating, topped with marshmallows.

SIX CREATIVE RECIPES USING INGREDIENTS AVAILABLE IN TRUMAN STATE’S DINING HALLS

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TRULife

INSPIRED BY GRACE BUECKENDORF, STAFF REPORTER

TRUCHocolate Peanut Butter Cookies and Cream Shake

CHOCOLATE PEANUT BUTTER COOKIES AND CREAM SHAKE

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**Croarange Sunrise**
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