



NEWS

Q&A with new Assistant City Manager Angie Whisnant

see page 3



FEATURES

Tribute band comes to campus to celebrate Beatles legacy

see page 7



SPORTS

Women's soccer earns NCAA Div. II tournament bid despite GLVC loss

see page 14

TRUMAN STATE UNIVERSITY INDEX

THURSDAY, NOVEMBER 14, 2013

EXCELLENCE SINCE 1909

THE UNIVERSITY'S STUDENT-PRODUCED NEWSPAPER

tmn.truman.edu/theindex



Prescription medication and bottles. According to huffingtonpost.com, 20 to 30 percent of college students have abused Adderall.

Students voice Adderall abuse concerns at seminar

BY CLAYTON BERRY
Staff Reporter

Concerns about Adderall abuse prompted two Truman State students to host a prescription drug abuse seminar Nov. 4 called "The Adderall Dilemma" in the West Campus lounge. The Food and Drug Administration approved Adderall for the use of attention deficit/hyperactivity disorder and narcolepsy, according to the FDA's website website.

However, according to the National Survey on Drug Use and Health, many people use Adderall for non-medical reasons to boost concentration, focus and mood, especially around the final exam period. The survey also stated full-time college students aged 18 to 22 years old are twice as likely to abuse Adderall as their counterparts. Freshmen Brianna Smith and Maddy Jones, the lead presenters of the seminar, said Adderall abuse has several consequences.

Smith said it is important for college students to know the risks of Adderall abuse so they can protect themselves.

Smith said she passed out pamphlets at the beginning of the seminar made by Partners in Prevention, Missouri's higher education substance abuse coalition, with several Adderall abuse facts.

According to the pamphlet, Adderall is classified as a controlled substance by the federal government. Possessing non-prescribed Adderall is a class C felony, which can result in as many as seven years in prison and/or a \$5,000 fine. The pamphlet also stated selling Adderall counts as a class A felony,

according to: huffingtonpost.com

BASIC ADDERALL FACTS

it is estimated **20 - 30%** of college students regularly abuse Adderall

The sale, possession and use of Adderall for illegitimate purposes is a **FELONY**

results from **OVERDOSING** on Adderall include **Cardiac and/or pulmonary arrest, death, severe and lasting mental effects or defects**

MINOR SIDE EFFECTS include anxiety and transient depression

MORE SERIOUS EFFECTS include heart palpitations, elevation of blood pressure, seizures and strokes

which might result in 10 to 30 years in prison, depending on the location and quantity of drugs sold.

"Adderall has a similar structure to meth," Smith said. "It's a gateway drug to harder drugs. Once the high wears off, people go to stronger drugs."

Freshman Xavier West attended the seminar. He said he takes Vyvanse, a medication similar to Adderall. He said it helps him focus on schoolwork and gives him the mentality and energy to get his school work done. However, he said he only takes it because he was diagnosed with ADHD a year ago and actually needs it. Although he said he is able to concentrate better, he said there are many downsides to taking medication.

"I don't like to take it as much," West said. "It gave me headaches for a while, and I had trouble sleeping at night. It took a little while before I started to feel better."

He said he doesn't rely on Vyvanse as much anymore because he said he values doing work without the help of medicine. He said he was afraid people

would try to take it from him if they knew he had it. Vyvanse is very expensive, making it hard for him to afford the medicine long-term, he said.

According to the seminar, short-term side effects of Adderall include increased heart rate, a rise in blood pressure, faster breathing and difficulty sleeping. Jones said long-term side effects might include feelings of hostility, paranoia and depression.

Jones said she was happy to help lead the seminar and educate other students about Adderall.

"I hope our presentation makes a difference," Jones said. "Hopefully these presentations will spread the word to other students and even other schools."

Smith said consumer health sciences professor Janice Clark assigned the Adderall project to her class. Clark said the project will be active from Oct. 28 to Nov. 8 as a classroom campaign to educate students on drug abuse. Clark said other health professors are **Please see DRUGS, page 3**

Plane crashes near Kirksville Airport Nov. 5

BY DAN MIKA
Assistant News Editor
index.newseditor@gmail.com

Two men died after their single-engine plane crashed near Kirksville Regional Airport about 7 p.m. Nov. 5.

Adair County Coroner Brian Noe said the victims were Wisconsin residents Robert Groh, 64, and James Quinn, 66. Noe said the bodies were transported to Columbia, Mo., for autopsies.

Elizabeth Cory, a spokeswoman for the Federal Aviation Administration, said the Piper 32 airplane departed from Denver, Colo., and was destined for Kirksville Regional. The FAA released an alert notice after the plane failed to make radio contact with the airport or appear on radar around the time it was scheduled to land. The FAA is investigating, but Cory said it often takes months to discover the cause of accidents.

Bill King, Operations Chief for the Adair County Sheriff's Department, said the department responded to the call around 7:30 p.m. and discovered the wreckage of the plane about three to four miles northeast of the airport. King said federal investigators from the FAA and the National Transportation Safety Board will investigate the crash further.

DSP hosts celebration for 35th anniversary

BY DAN MIKA
Assistant News Editor
index.newseditor@gmail.com

Truman State's chapter of coed business fraternity Delta Sigma Pi will celebrate its 35th anniversary this weekend with hundreds of visiting members of the national organization.

Truman DSP president senior Julie Bauer said the chapter has many activities planned for the weekend including a pizza night, a 5K run to benefit cystic fibrosis research, initiation of the chapter's pledges and a banquet to celebrate the chapter's 35-year presence on Truman's campus. She said many of the national chapter's officers, including Grand Chapter President Onuka Ibe, will attend because they are Truman alumni. Members from nearby chapters also are visiting DSP's chapter this weekend to meet with the leaders of the fraternity, Bauer said.

"It's rare to see the Grand Chapter President while in college," Bauer said.

Bauer said about 250 people are coming to the event this weekend and local businesses can expect an increase in revenue **Please see ANNIVERSARY, page 3**

Office of Advancement to sponsor Tag Day Nov. 15

BY PAIGE YUNGERMANN
Staff Reporter

Posters, ribbons and oversized gift tags will mark items throughout campus donated to Truman State as part of Tag Day Nov. 15.

The Office of Advancement is sponsoring the event to show students and faculty how much is donated to the University.

Stacy Tucker-Potter, Annual Fund Officer, said some of the items being tagged are tangible, such as some of the white boards and projectors in the School of Business. For other donations, she said they will not be able to tag a physical object but will instead have posters up explaining what was donated, such as donations made to the music department for ensemble trips.

"A lot of the funding goes to things like the Missouri government internship and study abroad scholarships and things like that," Tucker-Potter said.

"Those experiences are part of what makes Truman so great, but they're not cheap. It comes at a price tag. We are very lucky that we have loyal donors that continue to make those things possible."

Tucker-Potter said she chose to host Tag Day Nov. 15 because it is National Philanthropy Day, and it is close to Thanksgiving. She said the goal of Tag Day is to raise awareness of the role that private donations have at the University, especially since money from the state has been reduced throughout the last 10 years.

Another aspect of Tag Day will take place from noon to 4 p.m. in the Student Union Building, Tucker-Potter said. Students can sign thank-you notes for donors, and Tucker-Potter said anyone who signs a note will be entered in a drawing for door prizes, including Truman apparel.

Junior John Foley, Student Senate secretary, said Student Senate unanimously voted to

help staff this table and help

age current students to donate money to Truman after they graduate. She said Tag Day might take place during Homecoming Week next year because many alumni come to Kirksville for Homecoming, and they could see donations are appreciated.

Tucker-Potter said she and sophomore Cara Tom, Annual Fund Intern, will put up the tags tonight and tomorrow morning. The tags will stay up until Nov. 21.

Tom said she hopes Tag Day takes place again during the future because it might encour-

table and help

age current students to donate money to Truman after they graduate. She said Tag Day might take place during Homecoming Week next year because many alumni come to Kirksville for Homecoming, and they could see donations are appreciated.

Tucker-Potter said she came up with the idea for Tag Day while working with the Tel-Alumni program. She said the program often are surprised at how much money is donated to the University, and she wants to

share this information with other Truman students. Tag Day hopefully will show students how donations to the University directly impact them, Tucker-Potter said.

"If it weren't for private support from our parents and our alumni and such, we wouldn't be able to maintain a lot of that standard of excellence," Tucker-Potter said.

Tucker-Potter said alumni, parents, faculty or staff donated many of the items to be tagged. She said the annual Parents Project has provided funding for the Jazzman's Cafe in Pickler Memorial Library and the planetarium that is being constructed in Magruder Hall.

Tucker-Potter said 60 percent of Truman's faculty and staff donate money to the University.

"It makes a big difference when you have that large community of people that are willing to contribute," Tucker-Potter said.

"Those experiences are part of what make Truman so great, but they're not cheap."

-Annual Fund Officer Stacy Tucker-Potter