

TASTE OF TRUMAN

with Laura Seaman



Tired of microwaveable pizzas and boxes of mac and cheese? Do you wish you could make delicious and easy home-cooked meals but don't know where to start? You're in luck. As a student, I understand how busy your schedule can be, and I'm here to serve as your guide to a better culinary experience. In Taste of Truman, I'll provide you with simple and low cost recipes that will taste great and impress.

BY LAURA SEAMAN
TMN Reporter

Between exams, papers and trying to maintain a social life, it can be difficult for college students to find time to cook dinners that don't come out of a box.

But cooking can be easy if you take it back to the basics. In my column, "Taste of Truman," I will provide recipes that are easy to make and tasty. So whether you're cooking for one or your whole group of friends, I will show you how to prepare a nice and easy home-cooked meal.

This fried chicken recipe is perfect for the college student who needs a quick and casual dinner at home. It doesn't require too many ingredients, unless you want to add your own spices to the mix. This is a dish that can be spiced up easily to your own personal preferences, from the basic salt and pepper to adding garlic, onion, basil or chili powder.

This is a great dish for parties, especially if you hate measuring out ingredients. You don't have to do the math of doubling or tripling the recipe — just make sure you have enough of

everything to cover the chicken you have. Almost everyone likes chicken, and this recipe doesn't involve sauces or coatings that might turn some of your guests away.

Most people see fried chicken as a summer food, but it will taste good any day of the year. It really has that classic home-made feel to it that will take you back to your mom's kitchen. It's a good place to start for any student wanting to improve their cooking skills, and definitely better than Easy Mac or Ramen and much more filling.

Most people don't think fried chicken is a healthy meal, but this isn't your usual greasy, fried fast food chicken. You can serve it alongside vegetables like green beans or peas. Of course, it goes well with classics such as French fries and mashed potatoes. Or, if you want to recreate the famous chicken bowls from the dining halls, you can make some of this fried chicken and mix it with mashed potatoes, gravy and corn. This main course goes well with almost any side dish, letting you make this meal even more your own.

So if you're sick of basic college dishes and want a little taste of home, this fried chicken dish is perfect for you!

Ingredients: Chicken, flour, cooking oil, milk, 1 egg, salt and pepper

Cook tools: 2 large bowls, 1 large pan with a lid, tongs and utensils

Preparation time: 10 minutes

Cooking time: 10-15 minutes

Preparations: Before starting, let your chicken thaw under cold, running water. Do NOT let the chicken thaw dry.

Instructions:

- 1) In a large bowl, mix 1 egg with a splash of milk.
- 2) In another large bowl, put in enough flour to completely coat however many pieces of chicken you are making.
- 3) You can add bread crumbs to the flour to add to the coating. Put your thawed chicken into the milk and egg mixture, coat thoroughly, then sprinkle salt and pepper onto the coated chicken.
- 4) Transfer the chicken to the bowl of flour and once again cover it completely.
- 5) Fill the bottom of the pan with cooking oil, and then a little extra. Put the heat between medium and medium-high to warm up the oil. Let the oil heat up for about 5 minutes.
- 6) Once the oil is hot, turn it down to medium heat and place your chicken in the pan. Repeat the process until all pieces are in the pan. Flip the chicken regularly until both sides are browned. Turn the heat down between medium and low, put the lid on your pan, and let it cook for about 10 minutes.
- 7) Boneless chicken will cook faster than chicken pieces containing bones. Allow 15-20 minutes for chicken with bones.
- 8) Cut into the chicken and ensure it is cooked thoroughly. If there is any pink or red meat, continue to cook for a few more minutes and check again.

Now you have successfully cooked your fried chicken! This is a great casual dish that almost everyone can enjoy.

Golden Globes offers different award ceremony experience

BY KATEY STOETZEL
Assistant Features Editor

The 72nd Golden Globes aired last Sunday, with Tina Fey and Amy Poehler hosting for the third year in a row.

What's great about the Golden Globes is it's not the Oscars or the Emmys. It's not the Oscars because it's not as pretentious and it's not the Emmys because it's not as mundane. It fits comfortably somewhere in between. It's fun. The Golden Globes often are referred to as the frat party of the awards season. They don't take themselves too seriously, and that's refreshing.

Take the Oscar-tailored nominated films like 2012's "Lincoln" and this year's "The Theory of Everything." "Oscar-tailored" means it fits every bill for the perfect kind of movie the Academy looks for — an actor playing a mentally challenged character, for example, or a character who overcomes oppressions. Biopics are a favorite as well. But "The Theory of Everything" only won a Golden Globe for Best Actor and Best Original Score, while "Boyhood" and "The Grand Budapest Hotel" took the top prizes for Best Drama and Best Comedy or Musical. The difference between the Oscar-tailored nominees and the actual winners are they make it look like the people working on them weren't making the film to get awards. "Lincoln" and "The Theory of Everything" are great films, but their faults come from trying to be perfect.

The Emmys are the Oscars of the television world, so it falls into the same trap, except it's worse. Television shows can be on air for years at a time, and if it's a fantastic one, it constantly is nominated. Seeing the same people win every year, giving the same speech, gets tiring.

The Golden Globes are great because the focus is on the movie and television industries at the same time. Fey and Poehler made a joke during

the opening monologue about how people view movies as a bigger accomplishment than television shows. The Golden Globes are great because it brings the two industries together. More and more actors and actresses are being nominated for films and television shows. They are increasingly taking their talents from the big screen to the little screen. Benedict Cumberbatch was nominated last year for his role in the television mini-series "Sherlock" and the film "The Imitation Game" this year. He also photo-bombed almost every celebrity's picture during Sunday's Golden Globes and crashed Jennifer Aniston's announcement.

It's cool to see people like Gina Rodriguez from "Jane the Virgin," Joanne Froggatt from "Downton Abbey" and the underrated freshman drama "The Affair" win on their first nominations. It's cool when Billy Bob Thornton's winning speech for his work on the television series, "Fargo," was just "thank you." It's cool because even though A-list actors and actresses are winning, it still feels like a show for the underdogs.

The Golden Globes are great because the stars all gave a standing ovation to Hollywood Foreign Press President Theo Kingma after he gave a moving speech about freedom of expression in the face of the Sony hack and threats from North Korea because of "The Interview," and the Charlie Hebdo attacks in Paris.

"Transparent," about a transgender parent, won Best Television Series, Comedy or Musical and Best Actor for Jeffery Tambor, who dedicated his performance and his award to the transgender community.

However, the Golden Globes is still an awards show, which means their decisions sometimes don't make sense. For example, "How to Train Your Dragon 2" beat out "The Lego Movie" for Best Animated Film. This would not have happened at the Oscars.

The Golden Globes are great because no one really cares, and that makes us care all the more.

our picks

Assistant Features Editor Katey Stoetzel went through and chose the Golden Globe wins she was most excited about.

Best Picture, Drama — "Boyhood"

Best Picture, Comedy or Musical — "The Grand Budapest Hotel"

Supporting Actor, Drama — J.K. Simmons, "Whiplash"

Director — Richard Linklater, "Boyhood"

Screenplay — Alejandro G. Iñárritu, Nicolas Jacobone, Alexander Dinelaris, Armando Bo, "Birdman"

Foreign Language Film — "Leviathan," Russia

Original Song — "Glory" from "Selma"

Television movie — Matt Bomer, "The Normal Heart"

Best Television Movie or Mini-series — "Fargo"

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