

# Fall swim season winding down



**WILL SHANEL**

Freshman Will Shanel has been named the PNC Great Lakes Valley Conference swimmer of the week. This is the first time a member of the men's team has captured this achievement since the move to the GLVC.

BY ANGIE DANIELSEN  
Staff Reporter

Last weekend Truman State's swim team traveled to St. Charles, Missouri, to compete against Lindenwood University and Drury University in a dual meet. Although the men's and women's teams didn't finish in first place, the women attempted to close the gap between themselves and Drury.

Several of Truman's swimmers came in second place, only seconds behind the winner, and others were able to push past their previous best times, according to the Truman athletics website.

Junior Ashley Shanel said she was pleased with her times last weekend. Shanel dropped a second in the 400-yard individual medley and 100-yard backstroke compared to her times from the previous meets. Shanel said her success is because of the hard workout cycles the coaches put the team through and her teammates' strong encouragements.

Shanel said last weekend she wanted to swim faster and make smarter decisions when it came to her techniques and she said she was able to accomplish both. She said her attitude going into the race was something she tried to improve and was able to put the negative thoughts in the back of her mind.

"We all have a job to do, and I went out there and put it all in the pool," Shanel said. "That is all we can really do when it comes down to the competition day."

For practices this year, the coaches are putting the swimmers through a three-week cycle practice system. The training increases in intensity each week, and then restarts when the cycle has finished.

Along with this, the team has been focusing more on individual drills and dry land work, which in the long term will help with the swimmers' techniques.

Junior Evyn Spencer said the drills and hard training have pushed her to go further than she thought she could to help her become a solid swimmer. Spencer dropped time at last weekend's meet and placed second in her individual events.

Sophomore Hannah Nicks said she was surprised with her times. Although Nicks was sick, she said she still was satisfied with how her events turned out.

Going into the meet, Nicks said she expected to place within the top three, and that is exactly what she accomplished. She said she was more competitive than she has been recently and was determined not to let people out-race her when it came down to simple techniques.

Nicks said to keep improving in her races, she needs to work past when her body feels sore and her mind tells her to quit. She said she wants to attack her races more than she has been.

As the fall season is winding down, Spencer said she is excited to see what the team can do. She said the team has built themselves up and have set up good races for the rest of the season.

"We are going to go very far and will hopefully make an even bigger name for Truman as the season goes on," Spencer said. "I'm proud to be a part of this team."

Spencer said she thinks the team's atmosphere has helped her push past the team's placement in meets. She said it carries into the competitive part of the meets and helps with her mental preparedness.

## JANSSEN | While it might seem to many fans that this football season is one of disappointment, writer Henry Janssen gives reasons to keep spirits high.

Continued from Page 11

The four seasons during which Anderson was a Bulldog can be characterized in the same way — the Bulldogs' two best seasons during this duration were when Anderson was a sophomore and a senior. But the Bulldogs were forced to do more with less — legendary Northwest Missouri coach Mel Tjeerdsma would tell you there was a distinct cutoff of the Missouri Div. II pipeline during the early 1990s.

But Jarrett Anderson did not come to Truman based on where it would be most popular to play. He came to Northeast based on its reputation as a school and a successful football program, and the institution and its fans saw no reason to think other provisional greats would not paddle down the same stream.

But Truman football's success dropped dramatically into the red. The next nine years of Northeast Missouri and Truman State football would be some of the most painful to endure, whether a Bulldog loyalist or not. That is not to say that incredible athletes did not come through the university — Jerard Levenson, Alfonso Pugh, James Walton and Judd Lienhard all were exceptional players at Truman during this span, just to name a few. However, after the departure of Jarrett Anderson, the Bulldogs teetered between 4-5 and 6-3 in MIAA play for the next seven seasons. During the 2004 and 2005 seasons, the Bulldogs found themselves at a historic low, producing only two wins in 15 conference games during those two years.

For reasons too numerous and too political to delve into, the Bulldogs' downfall after the departure of Anderson is explainable. Certainly, the same way one can explain the exact effect on the stock market that buying a candy bar has, one can decipher the explanation behind Truman's football freefall shortly after the graduation of arguably the best athlete in the 147-year history of the institution.

The GLVC will be, and has proven to be, a challenging conference for the Bulldogs in many other sports. Conventional wisdom states the GLVC is a basketball-driven conference, and will continue to stay that way. Of course, the disparity of Truman's GLVC football games brings a certain comfort to the fan unfamiliar with anything of the sort until the University's admittance into the new conference. After years of logging out familiar, unpleasant seasons during the late 1990s and throughout the first decade of the 2000s, Truman fans certainly welcome back-to-back seasons contending for a conference title deep into the season.

Yet a wince of disappointment braces the face of the four-year student.

I sadly bring you the promise, dear reader, that the truest sense of college football pageantry is dead at Stokes Stadium. Instead of national perennial powerhouses, Truman is stuck in what is considered an average Div. II football conference. Only a remarkable chain of wins will catch the eye of pollers for top-25 votes. Long gone are the days of facing four or five nationally-recognized dynasties in the same season.

Never again will Justin Bodenhausen fumble at the goal line against No. 3 ranked Northwest, preventing the Bulldogs from taking an 11-point lead with less than three minutes left. That was 2004. There was a cameraman at the game representing ESPN.

Never again will the Bulldogs score on a pass across the middle from Donald Harvey to Andy Mundwiller against Pitt State with less than a minute and a half to go, only to lose 26-20 after the Gorillas drove the length of the field. That was 2011. The attendance at Stokes Stadium was considered "standing room only." Pitt State won the Div. II national title that season.

While playing the role of David certainly is out the window with the Bulldogs' conference change, they have yet to become the Goliath they would like to be. Perhaps this is the cause of distress among the Truman fans who expected perfection after the loss to DI-FCS Drake in a 13-7 game during their first football game of the year. Perhaps it is that no other Jarrett Andersons have descended to us from the heavens.

In any case, be thankful for a 4-2 Div. II season. Take pride in your team's successes — not in the nearly-historic nights during the days of yore, ruined during the dying seconds of the football game. Do everything you can to support your Bulldog football team, regardless of the caliber of the opponent. Be enthusiastic that the football team representing your school has something to really strive for and be excited about. Do not stay home on a beautiful Saturday afternoon simply because your team had a trend of losing to nationally-ranked teams for the better part of two decades before 2013, the year of GLVC admittance. Even if nothing monumental happens on the field, and I assure you little will between now and the end of the GLVC ticket, believe in what this team stands for.

Truman is the winningest college football program in Missouri. Eventually it must rain. A drought cannot loom over a lake forever.

**Sebree's**

**KITCHEN HELP WANTED**

**202 S. Hwy 63, Greentop, MO**  
**660-949-2130**

**Serving Fresh, Local Food & Drinks**  
With food made from scratch, our menu features locally-raised beef & pork.  
We also use local produce as much as possible.

Wednesday & Thursday 5 - 9 p.m.  
Friday & Saturday 11 - 3 p.m. & 5 - 9 p.m.  
Sunday Brunch Buffet from 11 a.m. to 2 p.m.  
**www.sebrees.com**

Check us out on Facebook for our daily specials.  
**Reservations required for parties of 8 or more.**

**Pizza Hut**

**OCTOBER SUNDAY NIGHT BUFFET**  
**All you can eat Pizza, Pasta, & Salad bar**  
**5:30 - 7:30 \$7.09**  
**1610 North Baltimore Pizza Hut ONLY**  
**Bring this coupon in for \$2.00 OFF!**  
**Limit one coupon per person-Expires 10-26**

**BUCK BROS.**  
**SUNNY SLOPE AUTO, LLC**  
NAPA Service Center

**660 - 665 - 8464**  
710 W. Potter Avenue  
at the Corner of Osteopathy & Potter Ave  
serving the area for over 30 years

**Complete Automotive Services**  
oil change, tire rotations, tune ups, check engine light, jump starts, & unlock locked car

Let the guys at  
**BUCK BROS.**  
SUNNYSLOPE AUTO  
make sure you're in class on time!  
Call now to set up an appointment.

Tell us you saw our ad  
in the Index and get  
**10% off on labor**

**www.buckbrothersauto.com**

TRUMAN STATE UNIVERSITY  
**KOHLBERG LYCEUM SERIES**

**Rhonda Vincent**  
7:30 p.m. • Friday, Nov. 14, 2014  
Baldwin Auditorium

*Tickets* WILL BE AVAILABLE Nov. 7, 2014.

Free tickets for students with a Truman ID will be available in the Student Activities Board Office. Free tickets for faculty and staff with a Truman ID will be available at the information desk. Both are located in the Student Union Building.

A limited number of general admission tickets will be available for \$10 each at Edna Campbells in downtown Kirksville and the Truman State University Business Office cashier window in McClain Hall. Tickets may also be purchased online at [lyceum.truman.edu](http://lyceum.truman.edu).

For more information, call 660.785.4016 or visit the Lyceum website at [lyceum.truman.edu](http://lyceum.truman.edu).

*Truman Bookstore - Follett Higher Education Group is a Platinum level sponsor of this event.*