

Wrestling opens in Hawkeye state

BY SAM STEWART
TMN Reporter

The Truman State wrestling team started its 2015-16 season last week during a match in Fayette, Iowa, against Waldorf College and Upper Iowa University. The Bulldogs split their opener, earning a win against Waldorf 41-5 and falling to host Upper Iowa 34-7. Following the showdown, the 'Dogs participated in the Super 8 Invitational hosted by the University of Wisconsin-Platteville.

During the season's opening dual meet against Waldorf, the Bulldogs won the first five matches, two by forfeit. Redshirt junior J.J. Dorrell started the day with an 8-4 victory in the 125-pound weight division, and scored the final three points during the final period by getting an escape followed by a takedown.

In Fayette, junior Rafael Lopez won at 141 pounds by technical fall, meaning he won outright because he scored more points during the match. Redshirt sophomore Roark Whittington followed Lopez with a 7-4 win at 157 pounds, and redshirt junior Dustin McClintock was awarded a disqualification win at 174 pounds. Redshirt junior Luke Bornhop picked up the Bulldogs' first pin of the season by pinning Waldorf senior Ryan Dugger down at the 5:44 minute mark.

Freshman Sam Reeves used a second period escape to propel himself to a 6-1 win. Reeves said Head Coach David Schutter told the team to work through challenges during every match.

"A lot of us were down, but we battled through the adversity, and that's what you have to do in wrestling," Reeves said.

Redshirt freshman Austin Dovin, who earned a 13-2 majority decision win, said the team was eager to compete against someone new. Dovin said though it was great to wrestle against other teams, the Bulldogs have a lot to work on. He said he thinks these improvements can be made in plenty of time for regionals during March.

Six Bulldog wrestlers placed at the Super 8 Invitational. Freshman Joe King, the highest-placing Bulldog, finished second in the 133-pound bracket. King won his first match 11-4 and his second 8-3, but he lost during the championship match to Augustana College sophomore Brendan Gould 3-0.

Sophomore Drew Rentschler placed fourth in the 141-pound weight class by pinning his first opponent in 37 seconds. After the first match, Rentschler finished the second round with a 5-1 victory and completed the consolation semifinals by winning 8-4. Reeves took third by going 4-1 on the day and falling to the eventual bracket champion. Redshirt junior Andrew Still placed fifth at 149 pounds by winning 13-4 and 11-5, which took him to the semifinals, where he defeated Platteville senior Jacob Somann 9-3 to take home fifth. Whittington went 3-3 on the day and finished in sixth place. McClintock also placed sixth in his respective bracket at 174 pounds.

Still said the team wrestled with intensity and heart during both events. He said each wrestler showed up with the will to win and did not go down without a fight.

The Bulldogs will be back in action at the Maryville University Kaufman-Brand Open Nov. 14 in St. Louis.

SOCCER | Women's soccer wins its tenth conference championship and first GLVC tournament title.

Continued from page 11

Although Truman captured the championship, Whitehead said there always is room for improvement. She said the players need to keep their minds on the game and not get distracted.

"We need to keep focused on peaking at the right time," Whitehead said. "We need to be sure all the little outside things don't get in our way. We just need to keep our eye on the goal and take one game at a time."

The Bulldogs have three days to prepare for NCAA tournament this week and leave Wednesday, Nov. 11 for Louisville. Whitehead said in preparation for their opponent, the Cedarville University Lady Jackets, the 'Dogs focused on playing their game while adapting to their strengths. Truman has not faced Cedarville this season, nor has any team in the GLVC. Whitehead said as long as the team is calm and possessive, she thinks the 'Dogs will take the Lady Jackets in stride.

Lockett said the Bulldogs plan to carry the momentum from their championship victory into this week's game. She said the team has built up its excitement during the regular season, the quarterfinal at home in Kirksville and the GLVC tournament. She said the team knew the tournament would be a battle, but winning it just built up the team's confidence.

Lockett said in preparation for Cedarville, the 'Dogs plan to ride their wave of confidence. She said beside the formation Cedarville plays in and its key players, the team is unknown to the Bulldogs. She said though the team has seen little of Cedarville's play, she thinks Truman is up to the task of defeating Cedarville.

The Bulldogs have the opportunity to improve their record to 15-2-5 against Cedarville during the NCAA regional tournament 6 p.m. today, Nov. 12. If the women win, Truman will face Bellarmine, who received a first round bye during the regional.

'Dogs fall in Div. I exhibitions

BY CURT WICHMER
TMN Reporter

Last weekend, the Truman State women's basketball team finished its preseason with games against Western Illinois University and Southern Illinois University-Edwardsville. Despite losses to two Div. I opponents, the Bulldogs returned with experience that will help them improve for the 2015-16 season.

After falling behind early during the game Thursday against Western Illinois, Truman was unable to recover and lost 63-41. Similarly, Truman came up short in Edwardsville Friday with a final score of 67-60.

Bulldogs Head Coach Amy Eagan said naturally, the team wants to win, but it's also important the players understand where they're at as individuals and as a team, and what they need to work on improving. She said what the players take away from the games is what's most important.

"I think we need to get better offensively in regards to game situations, time and score and who needs to have the ball when," Eagan said. "There are also some more quick-hit stuff we need to get in offensively, but really,

we just haven't talked about that yet because we've been working on so many other things."

Although they lost both games, the Bulldogs felt good about their defensive play. During each of their games last week, the 'Dogs kept their opponents within the 60-point range.

"Defensively, in both games we were really solid," Eagan said. "We were playing some phenomenal Div. I athletes, but we were able to keep their scoring down. We shared the ball extremely well when we played, and I think that's pretty important, too."

Sophomore forward Ashley Hartwig, who scored 10 points for the 'Dogs Friday, said the team discovered what it needed to work on offensively and defensively — moving the ball around more and getting into the post more often. She said the team needs to work on its rebounding and get more comfortable with its offense.

Hartwig said the team is going to spend the week focusing on improving its game and being stronger with the ball against opponents that may have more size than it does.

"It was our first game, so we had a lot of nerves going in," Hartwig said. "We just wanted to see where we are as

a team, and it was nice to play against a team other than ourselves before the season started."

Redshirt senior center Michalina Tomczak led the team with eight points and seven rebounds during Thursday's game and was 3-for-5 from the floor with nine points Friday.

Tomczak said defense will be important for winning games throughout the upcoming season. She said the team played well, defensively, during its two exhibition games. Despite the level of competition players were up against, Tomczak said the team has positives to take from the two games.

"I'd say holding two Div. I teams to 60 points is pretty impressive and shows a lot about how hard we work on a defensive end, but we still need to work on our changeover defense," Tomczak said. "Overall though, it was a really good two games, and it shows we have a lot to look forward to. It's going to be an exciting season, and we're all looking forward to getting it started."

The team will start off the regular season this weekend. Quincy University will host the Midwest Region Challenge tournament, where Truman is scheduled to play 6 p.m. Nov. 14 against Grand Valley State University and 1 p.m. Nov. 15 against Northern Michigan University.

Now Renting!

"White Apartments" & other close locations



- Nice 1, 2, 3 & 4 bedroom
 - Several options to choose from
 - Fantastic locations!
 - Well maintained with full-time maintenance
- Call: 660-627-2060

Apply Online

www.TheWhiteApartments.com

Sebree's

Serving Fresh, Local Food & Drinks

With food made from scratch, our menu features locally-raised beef & pork. We also use local produce as much as possible.

Wednesday & Thursday 5-9 p.m.
Friday & Saturday 11 a.m.-9 p.m.

Sunday Brunch Buffet 11 a.m.-2 p.m.

Featuring made from scratch fried chicken, biscuits & gravy, blueberry pancakes, breakfast casserole, fresh fruit & salad, homemade pastries and much more!

Check out on Facebook for our daily specials.

Reservations required for parties of 7 or more.

202 S. Hwy 63, Greentop, MO
www.sebrees.com
660-949-2130

DR. JASON RAAD:

FROM A LIFE ABRIDGED, TO A BRIDGE TO LIFE:
THE EVOLUTION OF OUR UNDERSTANDING OF
OUTCOMES AFTER DISABILITY

Great strides have been made over the past 50 years in how we think about, treat and manage disability. Outcomes after an acquired physical disability have been transformed from an analysis of life expectancy just a few decades ago, to addressing expectations about life long after injury.

With these changes, our understanding of disability has radically evolved; why do some people thrive while others just survive and how do we create systems that optimize outcomes and empower people living with disabilities? These are some of the questions at the forefront of outcomes research.

Dr. Jason Raad's research focuses on psychosocial outcomes after acquired disability and the implementation of evidence-based practice in rehabilitation medicine. Dr. Raad is a Post-Doctoral Fellow at the Center of Innovation for Complex Chronic Healthcare (CINCH) at the Edward Hines Jr. VA hospital in Chicago, Illinois and a Craig H. Neilsen Foundation Fellow.

NOV 16TH AT 7PM

IN THE SUB GEORGIAN ROOM

THIS EVENT IS FREE & OPEN TO THE PUBLIC.

SPONSORS: THE SCHOOL OF SOCIAL AND CULTURAL STUDIES, PSYCHOLOGY DEPARTMENT, PSI CHI