The women's team members improved on their previous performances in several events. Schneider said, “I know the distance run is something she wants to do this week and get improvements.”

Senior Alan Heincker was the only Bulldog to compete in the heptathlon for the women's team. He finished third in the 110-meter hurdles, third in the high jump, and fourth in shot put. Heincker said he hopes Heincker can improve on his performance at the Edwardsville Twilight Open, but “most of the athletes improved on their previous performances in several events.”

Senior Sara Jessen, Candice Jones and Leah Zidon joined Winkler to make up the sprint relay team that can, a reason her coach Ed Schneider said he hopes Heincker can improve on her performance at the Edwardsville Twilight Open. “I'm not sure how good of an athlete she is,” Schneider said. “I want to give us a chance to compete and see how she does.”

The track team sent its top 1,600-meter relay team and the 1,600-meter relay team to the MIAA overall competition at Western Illinois University-Bloomsburg Open on Saturday. Schneider said the opposition will be more competitive at Western because there should be more NCAA Division I teams than at the Southern Illinois meet. “We are going to try and take a few more athletes to Western Illinois so we can tune up prior to the MIAA overall competition,” Schneider said.

Cochrane said the women's team is going to try different things at the Women's Illinois Open. “We are going to try different events than we have run in the past.”

“Some people are going to run different events,” Cochrane said. “People are going to run things shorter. The field events will give people a chance to compete this week and get improvements.”

“Everybody's times have been dropping,” Mayson said. “Our times were consistent with the improvements we have seen in the past couple of months.”

Track teams divide to conquer

Men's and women's track teams split up to tackle different meets

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