Kathy Anastas, project manager of the Index, is actively involved in the Index and has long been involved in the Index. She has long been involved in the Tri-State region, and has been involved in the Index since 1992. She and her team are always working to make the region better and more sustainable. They have been involved in a variety of initiatives in the region, including the Tri-State biennial Tri-State meetings, which are held every two years to bring together leaders from 32 counties in the Tri-State region. The meetings are designed to bring together leaders from the Tri-State region to discuss issues of common concern, and to share best practices and innovative solutions. The meetings are attended by leaders from a variety of fields, including government, business, education, and non-profit organizations. The meetings are designed to foster collaboration and to build a more sustainable Tri-State region.