I’m too young to have a heart attack. Or am I?

Statistics show that 4% to 10% of heart attacks occur in people under age 45. Getting help immediately gives you a better chance to survive a heart attack. So know the warning signs listed below. And if you ever experience any of them, call 911 right away.

Heart Attack Warning Signs Include:
Shortness of Breath, Nausea, Dizziness, Chest Pain, Arm Pain, Cold Sweat